

MONTE GRONDILICE

Rifugio Donegani (1150 m a.s.l.) - Monte Grondilice (1809 m a.s.l.)

Starting point: Donegani Refuge – Orto di Donna (1150 m s.l.m.)

Arrival: Monte Grondilice (1809 m s.l.m.)

Altitude difference: 760 m

From departure to arrival: A/R 5 h 30'

Difficulty: E / EE

Path sequence: way of quarry – CAI 179 – CAI 186 – summit trail

Supporting points: Donegani Refuge – Valserenaia Refuge

Principal interests: Landscape

Best time to go: spring - summer

Accessibility: by car up to Donegani Refuge

Leave your car in the parking lot located near the Donegani refuge and continue along the paved road. Then you pass a barrier and thus you enter the quarry area (it is important to pay close attention because there is still mining there). Climb up to a crossroads: here you turn left, towards Cava 27. You pass the old Donegani Refuge and reach the quarry. Here you take the path (badly indicated) on the right CAI 179/186 (for a common stretch) then leave the 179 and stay on the 186.

Arrived at the Grondilice Window, turn right following the blue summit signs. Here the terrain is steep, steep and brittle. After 3 hours of walking, you will reach the summit of Grondilice.

To return, it is possible to follow, in addition to the itinerary taken on the outward journey, a different path: once you reach Cava 27, take the CAI path 179 to Focce di Giovo; here you take the CAI path 37 until you return to the Donegani Refuge.

There is also the possibility of doing a fairly demanding loop route both in terms of difficulty and length (about 5 h).

Mountain Safety:

.We recommend you to find out about the weather forecast and to keep in mind that in the mountains there are unexpected climate changes.

.If needed, call the emergencies number 112, specifying that you need help in the mountains.

.We advise you to wear adequate clothing and comfortable boots.

.The Pro Loco Seravezza Association want to remind you that the evaluation of difficulty and travelling time indicated are subjective and decline every responsibility for any possible accident. In particular it does not guarantee the maintenance of any paths, that are outside the Associations competence.



Associazione Turistica Pro Loco Seravezza – Ufficio Informazioni e Accoglienza Turistica

Via C. del Greco, 11 – 55047 Seravezza (LU) Tel. 0584 -757325

www.prolocoseravezza.it info@prolocoseravezza.it